



2021-2022 Class Schedule

Come join our Energize Family!

Register on our website www.energizedancestudio.com

Call/Text 941-313-2447

Email: energizedancesrq@gmail.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	3:45-4:30 Tiny Twirlers TEAL		4:00-4:45 Tiny Twirlers PURPLE		9:00-9:45 Tiny Twirlers PINK
4:15-5:00 Petite/Junior Ballet	4:30-5:15 Petite/Junior Tap	4:15-5:00 Tiny Twirlers PINK	4:45-5:30 Tiny Twirlers TEAL	4:15-5:00 Tiny Twirlers PINK	9:45-10:30 Mini Magic' (Invite Only)
5:00-5:45 Petite Jazz	5:15-6:00 Petite/Junior Hip Hop	5:00-5:45 Petite/Junior Intermediate Lyrical'	5:30-6:00 Company Rehearsal'	5:00-5:45	10:30-11:00 Company Rehearsal'
5:45-6:15 Company Rehearsal'	6:00-6:45 Teen/Senior Hip Hop	5:45-6:15 Company Rehearsal'	6:00-7:30 Company Gold Ballet/Pointe'	5:45-6:30 Tiny Twirlers TEAL	11:00-11:30 Company Rehearsal'
6:15-7:00 Junior/Teen/Senior Stretch & Strength	6:45-8:15 Teen/Senior/Co. Ballet	6:15-7:00 Junior/Teen Ballet	7:30-8:30 Company Gold Leaps & Turns'	6:30-8:00 Company Black Ballet'	11:30-12:00 Company Rehearsal'
7:00-8:30 Company Black/Gold Masterclass'	8:15-9:00 Teen/Senior Tap	7:00-7:45 Junior/Teen Jazz	8:30-9:00 Company Private	8:00-9:00 Company Black Leaps & Turns'	12:00-12:30 Company Private
8:30-9:00 Company Rehearsal'					12:30-1:00 Company Private
					1:00-1:30 Company Private
					1:30-2:00 Company Private

Age Groups

Tiny Twirlers: Pink Ages 2-3 years (Ballet), Teal Ages 3-5 (Tap and Ballet), Purple Ages 2-4 (Jazz and Tap)

Mini Magic (Invite Only): Ages 4-6

Petite: 6-8 years

Junior: 9-11 years

Teen: 12-14 years

Senior: 15-18 years